



**Full Plate  
Menu**

May  
2010

This year, the Food Bank is addressing the chronic and emergency hunger faced by San Francisco's most vulnerable residents - children, seniors and working poor families - by collecting and distributing **39 million pounds of food** and advocating at local, state and national levels for improvements in government programs and policies that ensure adequate nutrition is accessible to everyone. You can help by donating the following items:

- 1 jar of peanut butter
- 1 bag of rice
- 1 canned protein
- 1 box of granola bars or other healthy snack item
- no glass please



(415) 282-1900

[www.sffoodbank.org](http://www.sffoodbank.org)



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