



Full Plate Menu

November
2009

This holiday season, the San Francisco Food Bank will bring the comfort of the holidays to over 29,000 low income families. At 200 pantry sites throughout San Francisco and Marin, families in need will receive all the fixings for their holiday meals, including a whole chicken, cranberry sauce, stuffing, gravy, rice, green beans, fresh produce and a dessert. You can help by providing our most needed items below:

1 can of vegetables
1 can of fruit
1 can of low sodium soup
1 container of 100% juice
no glass please



SAN FRANCISCO FOOD BANK

(415) 282-1900

www.sffoodbank.org



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