

Donate Food Today

Your monthly food support is what helps the San Francisco Food Bank keep up with the growing food demand. People like Roscoe for example. He visits a Food Bank pantry in Ingleside. Here is his story:

When my wife was around, she did the cooking. We were together for 64 years! All those years, I was blessed. She passed in 2001 – she was 84 years old.

Now that I'm by myself, I cook for myself. I'm not too great of a cook because I never did much cooking for myself, but it's pretty good. You see these greens here? I like to cook those up. Just boil 'em. You get some salt pork to give it that flavor, you cook it all together, put salt and pepper in and that's about the size of it..



Most Needed Foods:

**Tuna and Canned Meat
Cereal
Peanut Butter
Bean, Rice, Pasta
Soups and Stews
Canned Fruits & Vegetables.**

*no glass, please



**SAN FRANCISCO
FOOD BANK**

(415) 282-1900

www.sffoodbank.org

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